

“Quick Flip” Guide to General Workshops

Looking for particular workshops that suit your interests? Use the “Quick Flip” Guide to scan workshops related to:

- Family
- Parents’ Meetings
- Tweens, Teens and Young Adults
- Art and Culture
- Health and Fitness
- International/Spanish Language
- Employment
- Adaptations

These listing are for “quick reference” only. For full descriptions of each workshop, please consult the daily listing. Importantly, please note that not all workshops are listed on this Guide. The full roster is contained in the daily listing. Also, workshops may be listed in this Guide more than once, as there may be more than one applicable category.

FAMILY			
Adoption – “How To”	Sunday, July 5	9:00 to 10:15	Comedians
What It’s Like Being Me	Sunday, July 5	9:00 to 12:00	Salon C
Grandparent “Meet and Greet”	Sunday, July 5	10:30 to 12:00	Writers
Newcomers “Meet and Greet”	Sunday, July 5	4:30 to 6:00	Athletes, Writers, Actors
Average Sized Siblings Discussion Group	Monday, July 6	10:30 to 12:00	Salon I
Going to College	Monday, July 6	10:30 to 12:00	Salon H
Making Accommodations at School	Monday, July 6	1:00 to 2:15	Salon H
Adoptees and Family	Monday, July 6	1:00 to 2:15	Singers
POLP Yahoo Group “Meet and Greet”	Monday, July 6	1:00 to 2:15	Salon A
Successful Transition from Youth to Adulthood	Monday, July 6	1:00 to 2:15	Comedians
The 411 on Disability Disclosure	Monday, July 6	2:30 to 3:45	Comedians
Family “Meet and Greet” –Featuring JilliDog	Monday, July 6	4:30 to 6:00	Kid’s Room
Mourning the Loss of a Child—Born or Unborn	Tuesday, July 7	9:00 to 10:15	Actors
Keynote Address: Teasing and Bullying – It’s NOT Just Joking Around™	Tuesday, July 7	10:00 to 12:00	Salon D
OWLS (Seniors) “Meet and Greet”	Tuesday, July 7	4:30 to 6:00	Golden Board Room
Your Rights Under Disability Laws	Tuesday, July 7	1:00 to 2:15	Salon I
	Wednesday, July 8	9:00 to 10:15	Athletes
Adding to Your Family	Wednesday, July 8	10:30 to 12:00	Athletes
Finding the Gift in Your Child’s Challenge	Wednesday, July 8	10:30 to 12:00	Writers
IEPs v. 504s: Getting the Accommodations Your Child Needs	Wednesday, July 8	10:30 to 12:00	Salon C

"PARENTS' MEETINGS"			
Psychosocial Issues – Parents' Meeting	Sunday, July 5	9:00 to 12:00	Salon A
Psychosocial Issues (Spanish) – Parents' Meeting Enfoque en Asuntos Psicosociales --Reunión con los padres (Español)	Sunday, July 5	9:00 to 12:00	Athletes
Health Issues – Parents' Meeting	Monday, July 6	10:30 to 12:00	Salon A
Health Issues (Spanish) – Parents' Meeting Asuntos de Salud-Reunión con los padres (Español)	Monday, July 6	10:30 to 12:00	Comedians
School Issues – Parents' Meeting	Tuesday, July 7	8:30 to 9:30	Salon A
School Issues (Spanish) – Parents' Meeting Asuntos Escolares--Reunión con los padres (Español)	Tuesday, July 7	8:30 to 9:30	Writers
Open Forum Under 12 – Parents' Meeting	Wednesday, July 8	9:00 to 10:15	Salon A
Open Forum Under 12 (Spanish) – Parents' Meeting Foro Abierto (Enfoque Sobre Los Niños Menores de 12 años)--Reunión con los padres (Español)	Wednesday, July 8	9:00 to 10:15	Actors
Open Forum Tweens and Teens – Parents' Meeting	Wednesday, July 8	10:30 to 12:00	Salon A
Open Forum Tweens and Teens (Spanish) – Parents' Meeting Foro Abierto (Enfoque Sobre Los Niños Mayores de 12 años) --Reunión con los padres (Español)	Wednesday, July 8	10:30 to 12:00	Actors

TWEENS, TEENS AND YOUNG ADULTS			
Teen/Young Adult Open Forum	Sunday, July 5	1:00 to 2:15	Salon F (Teen Room)
Dance for All Ages	Monday, July 6	8:00 to 8:45 10:30 to 12:00	Metrotech
Going to College	Monday, July 6	10:30 to 12:00	Salon H
Average Sized Siblings Discussion Group	Monday, July 6	10:30 to 12:00	Salon I
Successful Transition from Youth to Adulthood	Monday, July 6	1:00 to 2:15	Comedians
Tweens (9-12): A Day in the Life of a Tween	Monday, July 6	1:00 to 2:15	Salon C
Keynote Address: Teasing and Bullying – It's NOT Just Joking Around™	Tuesday, July 7	10:00 to 12:00	Salon D
Driving Issues and Modifications	Wednesday, July 8	9:00 to 10:15	Salon C

ART AND CULTURE			
A Fresh Look at the History of Short-Statured Actors	Monday, July 6	10:30 to 12:00	Salon G
Short-Statured Actors' Discussion Group	Monday, July 6	1:00 to 2:15	Salon G
Liebe Perla: Film Screening	Monday, July 6	8:00 to 10:00 pm	Writers
Los Enanitos Toreros—LP Bullfighters in Mexico	Tuesday, July 7	10:30 to 12:00	Athletes
Stylish Safety Women's Safety Awareness Seminar	Tuesday, July 7	1:00 to 2:15	Salon C
Little People and Their Role in Mythology and Fairy Tale	Tuesday, July 7	1:00 to 2:15	Comedians
Images of Dwarfs in Art – Through the Centuries and Around the World	Wednesday, July 8	10:30 to 12:00	Salon H

HEALTH, WELLNESS AND FITNESS			
Dance for All Ages	Monday, July 6	8:00 to 8:45	Metrotech
		10:30 to 12:00	
Nutrition and Weight Management in LPs	Monday, July 6	1:00 to 2:15	Writers
	Tuesday, July 7	10:30 to 12:00	Singers
Complementary and Alternative Medicine	Monday, July 6	1:00 to 2:15	Actors
Heightening Your Sensuality and Intimacy	Monday, July 6	1:00 to 2:15	Salon I
Pedorthic Approach to Foot Care	Monday, July 6	2:30 to 3:45	Actors
Your Total Body Wellness Through Diet, Nutrition and Fitness	Tuesday, July 7	9:00 to 10:15	Athletes
Enhancing Balance and Joint Stability Beginning with the Feet	Tuesday, July 7	10:30 to 12:00	Writers
Depression: What It Is and How to Get Through It	Tuesday, July 7	1:00 to 2:15	Actors
Kinds of Love: How Identity is Formed Within Unusual Families	Tuesday, July 7	2:30 to 3:45	Actors
Enhancing Athletic Performance Beginning with the Feet	Wednesday, July 8	10:30 to 12:00	Comedians

INTERNATIONAL/SPANISH LANGUAGE			
Psychosocial Issues (in Spanish) – Parents’ Meeting Enfoque en Asuntos Psicosociales --Reunión con los padres (Español)	Sunday, July 5	9:00 to 12:00	Athletes
Spanish Speaking “Meet and Greet” Bienvenida a los Participantes de Habla Hispana	Sunday, July 5	4:30 to 6:00	Comedians
Health Issues (in Spanish) – Parents’ Meeting Asuntos de Salud -- Reunión con los padres (Español)	Monday, July 6	10:30 to 12:00	Comedians
School Issues (in Spanish) – Parents’ Meeting Asuntos Escolares -- Reunión con los padres (Español)	Tuesday, July 7	8:30 to 9:30	Writers
Los Enanitos Toreros—LP Bullfighters in Mexico	Tuesday, July 7	10:30 to 12:00	Athletes
Global Perspectives on Short Stature: Insight from International Attendees	Tuesday, July 7	2:30 to 3:45	Salon G & H
International “Meet and Greet”	Tuesday, July 7	4:30 to 6:00	Salon G & H
Open Forum Under 12 (in Spanish) – Parents’ Meeting Foro Abierto (Enfoque Sobre Los Niños Menores de 12 años)--Reunión con los padres (Español)	Wednesday, July 8	9:00 to 10:15	Actors
Open Forum Tweens and Teens (in Spanish) – Parents’ Meeting Foro Abierto (Enfoque Sobre Los Niños Mayores de 12 años) --Reunión con los padres (Español)	Wednesday, July 8	10:30 to 12:00	Actors
Images of Dwarfs in Art – Through the Centuries and Around the World	Wednesday, July 8	10:30 to 12:00	Salon H

EMPLOYMENT			
Career Planning and Job Search Tips	Sunday, July 5	10:30 to 12:00	Salon I
Successful Transition from Youth to Adulthood	Monday, July 6	1:00 to 2:15	Comedians
The 411 on Disability Disclosure	Monday, July 6	2:30 to 3:45	Comedians
Professionals Networking “Meet and Greet”	Monday, July 6	4:30 to 6:00	Writers
Your Rights Under Disability Laws	Tuesday, July 7	1:00 to 2:15	Salon I

	Wednesday, July 8	9:00 to 10:15	Athletes
Building Advocacy and Presentation Skills	Tuesday, July 7	2:30 to 3:45	Comedians
Career Options	Tuesday, July 7	2:30 to 3:45	Salon I

ADAPTATIONS			
Violin/Viola Adaptation	Monday, July 6	10:30 to 12:00	Salon C
Home Adaptations and Remodeling	Monday, July 6	10:30 to 12:00	Actors
Making Accommodations at School	Monday, July 6	1:00 to 2:15	Salon H
Your Rights Under Disability Laws	Tuesday, July 7	1:00 to 2:15	Salon I
	Wednesday, July 8	9:00 to 10:15	Athletes
Driving Issues and Modifications	Wednesday, July 8	9:00 to 10:15	Salon C
Clothing Alterations for Adult LPs	Wednesday, July 8	10:30 to 12:00	Salon G
Creating and Using Adaptive Devices	Wednesday, July 8	10:30 to 12:00	Salon I